



Traditional Selections

THE ÁEGIS BURGER

Our own quarter-pound hamburger patty prepared the way you like it. Served on a toasted bun and garnished with onion slices, tomatoes, and lettuce. Cheese added upon request.

TURKEY CLUB

A triple-decker sandwich with slice of turkey breast, crisp bacon, tomatoes, lettuce and mayonnaise. An American standard.

GRILLED CHEESE

Everyone's favorite. A variety of three cheeses layered on buttered bread, grilled hot and melting. Tomatoes added upon request.

COMMUNITY FAVORITES

Chicken Salad Sandwich

Chicken salad served on your choice of bread.

Chinese Salad

Shredded Napa, green & red cabbage mixed with chicken & chow mein noodles & orange segments.

Healthy Selections

CHEESE OMELET

Tasty eggs with your choice of tangy cheddar or mellow Swiss cheese served with fresh fruit.

ÁEGIS FRUIT PLATE

Fresh fruit served with low-fat cottage cheese on a bed of lettuce.

SIGNATURE SALAD

Green leaf lettuce with caramelized walnuts, fresh pears & gorgonzola cheese.

CHICKEN BREAST

A skinless chicken breast, marinated and grilled to perfection, served with steamed fresh vegetables.

VEGGIE BURGER

A vegetarian patty garnished with lettuce, slices of tomato and onion served on a toasted bun. Cheese added upon request.

